

Sending Love Messages & Spells

Sending Telepathic Love Messages

Press the tips of both fingers 3 to 5 times.

Press middle and lower portions of the fingers.

Rub both palms together 15 to 20 times.

Hold them against each other five inches away.

Move them in circular motion forward like a cycle 20 times. Move in reverse cyclical motion 20 times.

Feel the movement of energy between palms.

Both palms will on their own settle at about 10 - 12 inches distance. Visualize a transparent ball held between the palms against your chest. Start putting your intentions in the ball. Like:

(for love)

(for contact)

While you verbalize the intention, feel the ball becoming heavier and heavier. Stretch your hands upward up the maximum above your head while holding the ball. Release it at the top and send it to the intended person.

See that you are sending only positive intentions and love.

The ball can be treated as an energy ball, move it around the body, inhale it at last.

To Capture His/Her Heart
Need: White votive candle

On a Friday evening, light the white votive candle
saying:

"May this flame of passion burn within your heart,
from me, you will not part
with harm to none
So mote it be - it is done!"

Allow the white candle to burn out while you
meditate upon your love.

Love's Harmony Spell

Color of the day: Lavender
Incense of the day: Rose

Spring heralds the awakening urges of the Earth and all her inhabitants. The desire to love and to be loved is an innate need of our interdependent universe. Since love is both so all-desired and all-encompassing, one wonders why love is so difficult to draw into so many of our lives. One simple word can lend an insight: "intent." Unlike our furry or leafy counterparts, humans generally have more on their minds than propagating their species. We want to bond. We want that love that is in balance and that works in harmony with us. At this time of universal seeking-for-love, place a mirror in front of you, allowing a view of your entire face. Place a small lighted pink candle between you and your mirror. Gaze into the mirror, seeing yourself as the perfect creation of the divine. State these words:

Mirror, mirror,
my reflection be
the perfection of my body and soul,
the perfection of the goddess who created me.
I deserve the best
and will accept nothing less than a love that's in harmony.

Candle Spell for a Passionate Love

Ingredients:

Two taper candles (one pink, one red)

Red thread

Jasmine Oil

To draw a passionate love your way, during a waxing Moon gather two taper candles, one pink and one red, and some red thread and jasmine oil. Anoint the candles with jasmine oil using your fingertips, then light them while visualizing the flames of passion growing between yourself and new, but yet unknown, love. Link the candles together by making a figure eight between them with the thread while saying over and over:

"Flames of passion and seeds of romance grow; I open my heart to love. Now the one who seeks me shall come."

For best results, enact the spell on three consecutive nights.